

# LIFE CARE planning

my values, my choices, my care

## *Invitation to a Life Care Planning Conversation*

***Names of Presenters***  
***Date***



# What is Life Care Planning?

- A service provided to adult KP members as part of patient-centered care
- A process of communication and planning for future health care needs as you progress through different life stages:
  - Age
  - Changes in health conditions
  - Unexpected injury or illness



# What is Life Care Planning?

- Life Care Planning focuses on **your values** and includes talking with **your chosen health care agent** so that he/she can communicate for you if you were injured and unable to
- When the process is done well, it has the **power to produce a written plan that accurately represents your individual preferences** and thoroughly prepares others to make healthcare decisions consistent with these preferences



# First Steps of Life Care Planning

- Choosing your decision maker (health care agent)
- Discussing your goals in the event of a severe brain injury
- Identifying any personal, cultural, spiritual or religious beliefs that may affect treatment decisions



# What is a Health Care Agent?

A Well Chosen and Informed agent is someone who...

- Knows your goals, values and wishes well
- Agrees to honor your wishes (your health care decisions) even if they are different from their own
- Someone who is able to make decisions during a difficult or emotional situation





# Responsibilities of Your Health Care Agent

- Agent responsibilities may include:
  - Making choices about medical care
  - Reviewing and releasing medical records
  - Arranging for medical care and treatment



# LIFE CARE PLANNING: The Five Promises

1. We will **initiate** the conversation
2. We will provide **assistance** with advance care planning
3. We will **make sure plans are clear**
4. We will **maintain and retrieve** these plans
5. We will **appropriately follow** these plans





# Scheduling a class or an individual facilitated conversation

[Insert scheduling information here]

[List material available for members to take home with them today, e.g. Health Care Agent Information Card, Life Care Planning Guide]

Thank you!